

**PRIMUM HOMO ESTO (Let Him First Be A Man) THROUGH PARENTING: AN IMMORTAL  
LEGACY**

Implications to Parents and Teachers

**(BEHAVIOR MANAGEMENT TECHNIQUES, EXPERIENTIAL  
LEARNING, CREATIVE PROBLEM SOLVING AND FACILITATED LEARNING)**

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The character of a nation's citizens is determined by how the parents raise and civilize their children. The child then needs a parent in a home where he can be told what is right and what is wrong, what works and what does not in a world of natural and man-made crisis and advanced technology.

**TERMINOLOGIES**

**Conceptual literature review** (Chapter 3) is a search, survey, analysis, critique or compendium of concepts and theories related to the topic on hand. In this book, the concepts are the parenting styles and social behaviors.

**Cogent summary (Chapter 4)** in this book illustrates a logical and revealing epitome or review of the highlights about parenting aspects, parenting styles and social behaviors.

**Empirical literature review** (Chapter 3) consists of related studies made earlier. In this book, the past related studies refer to the parenting styles and social behaviors.

**Immortal legacy** (Chapter 5) means what the child now is, lives and survives forever as a legend.

**Implications to parents and teachers** (Chapter 5) are suggestions pertaining to how the child be handled at home by the parents and in the school by the teachers.

**Parenting Styles** (Chapter 3) refer to the manner in which parents show their belief about how to be a good or a bad parent. These beliefs influence how a parent interacts with his children, what he feels his role as a parent ought to be and what he should expect from his children. The parenting styles are determined in terms of the following aspects:

1. *parental attitude* which describes the parent as accepting, demanding, submissive or neglecting.
2. *parental control* where house rules and regulations are handled by the parent through discussing, issuing and expecting them to be obeyed, requiring few rules or setting no rules at all.
3. *parental communication* in any of these manners: warmly through eye or body contact; strictly through hands on hips, sighing, pointing finger or shaking head; carefully through reason and manipulation or indifferently through objections and accusations.
4. *Importance of child's needs* which refers to whether these needs are equally important than the parent's needs; less important than the parent's needs; more important than the parent's needs or never important than the parent's needs.
5. *Home atmosphere* which refers to the condition in the home whether created by the parent as relaxed, tensed, uncontrollable or negativistic.
6. *Discipline tools* which refer to the parent's enforcement of discipline through any of these: negotiation and incentive; yelling and punishment; giving up or no guidance.

**Personal Assertions/Social Behaviors** (Chapter 3) refer to the child's responses to some situations or interactions with people, which can either, be positive or negative. These depict ways which may be socially acceptable, appropriate or not (assertive, aggressive or passive).

1. Assertive behavior of a child in this book is described as confident, energetic and stands up for his rights in such a way that the rights of the other person are not violated.

2. Aggressive behavior is manifested by the child through hostility and standing up for his rights in such a way that the rights of the other person are violated and his intent is to dominate or humiliate.

3. Passive behavior of a child allows his rights to be violated by someone else. The child is apologetic, emotionally dishonest, indirect, self-denying and inhibited.

**Primum Homo Esto (Let Him First Be A Man)** means developing a child to be a righteous and responsible member of society through good parenting (Chapter 1).

**Social realities** surrounding the child (Chapter 1) distressing or not occurring within the multiple levels of environments that the child encounter directly and indirectly that influence his growth and development.

## **PREFACE**

If there is any other task that is very challenging but really rewarding, it is parenting. In other words, parenting is child rearing. It is not just rearing a child but raising a healthy and happy child and not resorting to the same parenting techniques our own parents did for us whether they were effective or not.

This book emphasizes raising the child at home with care, love and empathy towards being a responsible, well adjusted and well behaved member of society. The miraculous touch of the parents should never be over and above other father or mother surrogates. It is God's will that a couple should bear a child and bring him up to the world with the parents holding tightly their child's hands until he is ready to grow into an adult full of dreams to face the uncertainties of life equipped with a God given value oriented principles of navigating the world where he just have to dare encounter as a grown up individual.

Raising a child from infancy to adulthood means promoting and supporting holistically the child's bio-psycho-social-emotional-cultural- spiritual-intellectual and economic development. This is not an over the counter medicine that the parents can simply buy and drink but rather a lifetime mission and obligation. Parenting fails when the child's behavior depicts an anti-social image and maladaptive/ mentally unhygienic occupant of the societal environment.

Skill, endurance and patience all throughout the task of raising a child imply the need for *parents to be sensitized on parenting styles and its link to the development of a child's behavior*. Every parent would always wish for their child to be righteous and ethically engaged and in totality, *their child is the best!*

Thus, this book is entitled PRIMUM HOMO ESTO (Let Him First Be A Man) THROUGH PARENTING: AN IMMORTAL LEGACY... Implications to Parents and Teachers..... for the obvious reason that the child cannot become what he will be if not through the parents. Parenting then is an immortal legacy of the significant people in a child's life... his parents. Immortal because what the child is now, lives and survives forever as a legend.

With great hopes and optimistic expectations, the authors of this book intend to share what parents should practice, apply and employ... to get the child there... his place in the world of the good.

This book then has five chapters that features the following:

Chapter 1: Societal Realities Surrounding The Child

Chapter 2: Theoretical Perspectives

Chapter 3: Parenting and Personal Assertions/Social Behavior:

Conceptual And Empirical Literature Reviews

Chapter 4: Parenting Styles And Social Behavior Of Children: A

Cogent Summary

Chapter 5: Implications To Parents And Teachers

*Que sera, sera* (Whatever will be, will be).... The future of the child and what he will become is crucial to every parent. *We pray and trust that what is best for our children is our greatest concern as parents.*

