

# University Guide



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developed the idea of starting a website.

They benchmarked the famous *Goal.com*, which covers global football. The company now has 13 full-time staff and up to 70,000 followers on Facebook.

"I'm encouraged by the fact that sometimes you find up to 5,000 people reading my story. There is a misconception that journalism does not pay well but I follow my heart and I always work hard."

When sport talents are discovered, developed, and nurtured, they can serve to enhance social, physical and emotional wellness, bridge social gaps, promote team-building, self-discipline, and interactive learning, bring cohesion to the nation, and ultimately promote national recognition and pride on a global level.

This also highlights the importance of sports science and the fact that it needs to be included in schools on curricular and co-curricular levels as a key element in achieving sustainable national sport development. This will, in turn, capture the intrinsic human values, talents and abilities that have not yet been exploited on both personal and national levels as Swaib Ssebulime, points out.

"I studied and completed be-

## Co-curricular activities help students discover talents



**Bugema University football team lineup. Bugema University is one of the academic institutions that are supporting talented students.**

FILE PHOTO

cause of sports. I was on bursary since primary because of my footballing skills. Throughout my secondary school at Old Kampala

Secondary School, I never paid a single coin right to joining MUBS where I completed my bachelor of business administration some years

back. I can confirm that my football skills brought me where I am," he says.

At the same time, activities incorporating art and music can play a vital role in nation-building, psychomotor development and dexterity. Consequently, the role of art and music needs to be articulated and understood in terms of its role in the provision of well-rounded learning, and in terms of their social and emotional significance. This is because music and the arts play an instrumental part in promoting peace and dialogue and spreading socially-conscious messages.

Bobi Wine is a prominent politician i but before becoming a Member of Parliament, he was famed for his music. He has over 15 years been among the top three Ugandan music giants and unlike others, he did Music Dance and Drama at Makerere University.

Nevertheless, emphasizing the significance of sports, arts, and mu-

sic does not necessarily refute the important role of other types of co-curricular activities such as science, mathematics, debate, chess, drama clubs and other programs.

Phiona Mutesi, a winner of three Ugandan Women's Junior Chess Championship was able to attend Northwest University in Kirkland, Washington because of chess, having dropped out earlier in Primary after her parents could no longer afford to pay for her school fees.

### ENHANCEMENT

All co-curricular activities enhance education and have a tremendous impact on the holistic development of children in several ways. Skills learned through co-curricular activities can often be applied to academic studies, and vice versa.