SORO IS BRIGHT SPOT IN POWER'S WIN

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National Basketball League results Women: JKL 76 UCU 67 Men: Power 71 KIU 67 Today: YMCA, women MUK v Angels YMCA v Nkumba Men KU v JKL Sharing v Ndejje

It was a terribly scrapy game but somebody had to

win it at the end of the day.
Betway Power did,

Betway Power did, triumphing 71-67 over the KIU Titans at YMCA, Kampala on Friday.

Power's Geoffrey Soro, with a game-high 22 points Soro, was one of the few bright spots in an error-strewn contest.

Cyrus Kiviri added 15 points, five rebounds and five assists for Power, who committed 18 turnovers and converted only 30 of their

76 field goals attempts.

Michael Bwanga finished with a team-high 15 points for KIU, who were 21 of 74 from the field and guilty of 21 turnovers.

No other Titan player reached double figures and if you're looking for proof that a tough season awaits KIU, this is it.

Of course, Power were not much better but then the difference is they have the pieces, including the still recuperating Joseph Ikong, to get much better.

Still, it will take a lot of improvement for Arnold Lando's to get anywhere near the championship.

In the women's NBL, defending champions JKL Lady Dolphins defeated the UCU Lady Canons 76-67 in the latest display of their dominance.

Flavia Oketcho sunk a game-high 19 points for the JKL outfit.